



# The Southern College of Homeopathy Ltd.

The college is based at the Mercure Hotel, Pembury, Kent, with Tunbridge Wells and Tonbridge minutes away. Only 50 minutes by train from London and the M25 is less than 15 minutes by car.

## Three and Four year Courses

The three and four year courses aim to educate and support the student to professional practitioner level. In return we expect commitment and application on the part of the student.

The course offers training in all aspects of homeopathy-from philosophy and theory to practical clinical application. Integrated Human Science and Pathology is included. The level of competence demonstrated on successful completion of the three and four year courses is sufficient for graduates to apply for inclusion into one of several professional registers of homeopaths.

The first year is a Foundation Year, by the end of which students will have gained a basic understanding of the principles of homeopathic philosophy, and a working knowledge of how to select and administer homeopathic remedies in acute situations and for common ailments. The first year can be taken as a stand alone course for anyone wishing to have a better understanding of homeopathy so that they are able to use remedies for common ailments and first aid for their family. The following two or three year's focus on developing students' skills as professional homeopaths and beginning to build up their practices.

The two professional part time courses run concurrently with all students doing the foundation year then two or three more years depending on whether they choose the three year or four year course. The curriculum for both courses is the same, the difference is that students on the three year course must complete and pass all criteria to be awarded Licentiate of the college by the end of their third year whereas students choosing to carry on into the fourth year have an extra year to do so. At the end of the second year a decision is made by both student and the principles as to which course is appropriate.

The fourth year can also be taken as a post graduate course by students who have attained their Licentiate after three years. It is designed to support graduates in building their business' as well as extending their homeopathic knowledge.

There are 10 weekends in each academic year for the first three years with the fourth year being 1 day a month for 10 months. As well as attending the weekends you will have about 15 to 20 hours home study a month and need to accumulate 150 clinic hours by attending our student clinics and sitting in with qualified homeopaths.



## **Key Features of the Three & Four Year Courses include:**

### **Philosophy**

Study of The Organon

Provings

Potency

Susceptability

Understanding of health and disease from a homeopathic perspective

Chronic and Acute Disease

Theory of Miasms

The Law of cure

History of homeopathy and the continuing development of homeopathic medicine

Homeopathic research

### **Materia Medica**

In depth study of homeopathic materia medica to include traditional and new remedies.

Key notes

Affinities

Essence

Doctrine of signatures

Remedy relationships

### **Methods**

Development of methodology, from Hahnemann and Classical homeopathy to contemporary methods

Practical application of methods

### **Case work**

Case taking

Case recording

Case analysis

Choosing appropriate methods

Repertorisation

Prescription; first; second; follow ups

Prognosis

Case management

Practitioner Development

Supervision and Reflection

## Clinical training

In the second year, students begin their formal clinical training. Initially, students observe consultations with patients and participate in the case analysis and discussion. To become a Practical Homeopath, the College believes that students should start working with patients as soon as possible. It is only through the experience of taking cases and with patients that students become competent and confident practitioners.

An important aspect of the professional course is the clinical training our students receive. This is where you integrate the theory learnt at the college weekends with the practical application of seeing real patients. Students have to start attending clinics from the beginning of their second year; however, from the moment a student joins the professional course they are welcome to attend our student clinics held one Saturday a month at the Ananda Clinic, Tonbridge. We find that most students choose to begin attending clinics early in their first year.

The clinic is supervised by an experienced qualified homeopath, with each patient being seen by their designated student practitioner and observer before the case is discussed with the supervisor and the other students attending clinic. Students new to the clinic participate in the group discussions around case analysis and prescribing then as they gain experience progress to being an observer and when ready they will have their own clinic patients.

It is the combination of theory learnt at college weekends and through completing your homework with the experience gained at clinic that builds your skills as a competent homeopath. By seeing real patients whilst under supervision you develop your ability in case taking, case management and dealing with complex/difficult cases. Essential personal skills are developed through your participation at the clinic as you will need to listen objectively to patients and fellow student practitioners; to communicate with clarity; to support people on their healing journey; to be aware of issues of confidentiality and ethics. We find that students progress quickly by studying in this way so that by the time they graduate they are confident, professional practitioners.

Throughout the three/four years you will need to complete a minimum 150 clinic hours, of which a 120 hours will be internal clinic hours, 20 hours need to be external sitting-in with homeopaths, the extra 10 hours will ideally be made up of external sitting in but may be internal clinics. You can not graduate until these hours are complete.

## Pharmacy

There is a full pharmacy at the clinic to ensure that patients receive their prescription quickly, it is also available at college weekends enabling students to buy remedies at cost price.

## Assessments

Assessment is through home work, materia medica reviews, methods reviews, casework and clinical practice, tutor and self assessment, there are no exams. All the College's assessments are about enabling you to understand and retain what has been taught. Students are asked to demonstrate their knowledge of remedies, their understanding and analysis of cases, the different approaches available, as well as homeopathic philosophy and theory.

## Qualifications

To be awarded your Licentiate of the Southern College of Homeopathy, LSCH, you need to submit 10 graduation cases which have been supervised by the college principles or a supervisor who is recognised by the college. These will need to be submitted before or by weekend 9 of the 3<sup>rd</sup> or 4<sup>th</sup> year and achieved a pass by weekend 10. You will also need to have all homework completed with an overall pass of 85% and attended 150 clinic hours. Throughout the three/four years you will have gathered information from lectures and your own research which you will put into a Portfolio as your personal record of all your work and achievements. The qualification of LSCH will enable you to apply as a college graduate for membership of a professional body such as the Alliance of Registered Homeopaths (ARH) and to start your own practice.

## Our Vision

To support and nurture our students, so that by the completion of the course, they are equipped with the knowledge and practical skills to be professional and confident as practitioners.

To have a high standard of education, providing students with a thorough knowledge of homeopathy and an understanding of associated practices, such as herbalism, Flowers essences and acupuncture.

To encourage our students to be open-minded and independent thinkers with no limiting beliefs or ideas.

To have a team of professional personnel committed to creating a supportive environment for students and supporting each student's ongoing learning.

To give students the tools to enable them to set up their own practices

To not only train homeopaths, but to inform people about homeopathy and increase public awareness of homeopathy as a health choice. An ideal shared by many homeopaths is that the title 'homeopathy' becomes as well known and respected as the term GP.

## Our Tutors



**Mary Ellis LSECH MSCH MARH** began her homeopathic training at the College of Practical Homeopathy but transferred to the South East College of Homeopathy, due to relocation, to finish her studies and qualify as a Licentiate of Homeopathy. She has busy and successful practices in Surrey and Kent. Mary teaches homeopathic first aid courses and holds tutorials for student homeopaths. Before becoming a homeopath, Mary had her own Recruitment business, so has first-hand knowledge of setting up and marketing, networking and promoting small businesses. She uses her expertise in communication skills in her teaching, and to help students with their different learning styles. Mary is passionate about giving students the ability to practise confidently upon completion of their course.

**Kyriacos Hajikakou BSc(hons) BDS LDS RCS (Eng) DIHom(Pract) DFHom Dip Clin Hypnosis PGCE** is a committed user and practitioner of homeopathy and has been using homeopathy to help patients for over 24 years. He was a founder member of the British Homeopathic Dental Association and continues to serve on the committee as well as helping to organise their biennial conference. Kyriacos has lectured extensively to local dental study groups, at dental conferences, at the Tunbridge Wells Homeopathic Hospital and at the Guild of Homeopaths.

His aim is to help student homeopaths integrate their knowledge of standard and esoteric anatomy and physiology into their practice of homeopathy. Kyriacos has a passion and fascination for these marvelously interesting subjects which he hopes the students will share.



**Uli Holzer MARH LSECH MSCH** graduated from the South East College of Homeopathy and has a thriving practice in Tunbridge Wells. Before becoming a homeopath Uli was a qualified nurse, specialising in Intensive Care, predominantly practicing at a Homeopathic Hospital in Germany. Using her extensive medical knowledge and experience she is able to help students understand the differences between conventional medicine and holistic healing, and how to best manage patients to facilitate their healing. Uli is also a Professional Member of the Advisory Board of the International Committee of 'The Applied Research Foundation in Homeopathy of Canada'.



**Sue Josling MARH R.Hom** Trained graduated in 1988 from the first full time 3 year course in the UK and has been in practice since. She has taught at many of the UK colleges as well as lecturing abroad. Sue ran her own college from 1997 to 2006 in Eastbourne. Sue is Chairperson of the Homeopathic Course Providers Forum whose "aim is to promote excellence in the profession". To complement her homeopathic practice she holds a diploma in holistic counseling, is a healer trainer for the H.P.A.I, facilitates meditation groups and teaches at the Holistic Training College, Eastbourne. Sue says "I love my job and really enjoy helping people reach their potential. I believe Homeopathy will bring people to a place they can see the choices they have in life."



**Lynne Russell Bsc MARH MSCH FSDSHom** is a full-time homeopath, NLP practitioner, personal coach and mentor with practices in East and West Sussex. Having been in practice as a homeopath since 2002, she enjoys working with people during periods of transition in their lives; whether change is actively being sought or has been thrust upon them through changes in health, at home or work, or as part of a life stage or health milestone. Lynne has a particular interest in women’s hormonal health, and as well as giving college and post-graduate lectures, she has now written a handbook ‘Menopause: A Heroine’s Journey’. As well as teaching at The Southern College of Homeopathy Lynne lectures at The South Downs College and runs a homeopathic lecture series in Hove.



**Jonathan Stallick RSHom MSCH** has over 25 years of experience as a professional homeopath. He worked with some 500 patients with HIV/AIDS in the 1990's and published a seminal book *AIDS: The homeopathic Challenge*. He has since lectured all over the world and is a popular lecturer at several UK homeopathic colleges. Jonathan practices in Hove.

## Guest Tutors

Every year we invite a couple of homeopaths with expertise in specific areas to lecture for a day or weekend at the college, past guest tutors include:

Melissa Assilem	MNCHM, RSHom, FBIH FFW
Miranda Castro	FHom CCH
Angie Jackson	LCH RSHom
Hilery Dorrien	Lic. Ac. LSH DHT.
Caroline Gaskin	MCPH
Lynne Mishon	MSECH MARH

## Accredited Qualification

Graduates receive a Licentiate in Homeopathy, the standard qualification for practice in the UK. This qualifies graduates for membership of a professional body such as the Alliance of Registered Homeopaths (ARH) and to start their own practice. The course involves external study and clinical work, with the emphasis on developing and demonstrating clinical ability.

## What our students say

"I having been seeking inspiration for a new career for many years; now having completed my first year, I am even more convinced this is the right path for me and much of this is due to the wonderful experience of my time at college. The enthusiasm and support we are offered by both Mary and Val can only ensure we get the best start to our new lives as homeopaths."

Sue 2<sup>nd</sup> year student

"The benefits from attending a clinic where there are real patients with real problems instead of paper cases are huge. The most wonderful thing is that as their condition improves so does my understanding of what I learn in class."

Chris, 4<sup>th</sup> year student

"I have found the clinic a really exciting place to go each month. It gives me the opportunity to discuss my own cases knowing that my patients are getting the best attention from experienced Homeopaths as well as listening to and joining in with the discussion around analysis, methods/strategy and prescribing remedies for patients that other students have. I have learnt so much about the different approaches that can be used from simple to complex cases."

Allison 3<sup>rd</sup> year student

"Being a mature student and back to studying after a long time, I was quite concerned about the course and a bit nervous to start with. But from day one I found my lecturers quite open and easy to communicate with. The course is set out in a easy to learn format with detailed handouts and an opportunity to discuss any problems. I have enjoyed the first year and now looking forward to the next with a view of being qualified soon and a great career ahead of me. I would definitely recommend anyone interested in homeopathy to consider the Southern College of Homeopathy as their first choice."

Shruti 2<sup>nd</sup> year student

"I wasn't sure what to expect when I started college but I have been delighted with all aspects of the college. Together with the other students we received a very warm welcome and started learning various aspects of homeopathy and related subjects straight away. Through excellent tuition I have learnt an enormous amount in my first year and am looking forward to the challenges of the second year. The tutors have been extremely supportive and are always available to deal with any problems or queries. I would highly recommend this college for anyone wishing to train as a homeopath!"

Liz 2<sup>nd</sup> year student

## Annual Fees

Fees for the academic year beginning October 2014 are £2,000 if paid in full or £2,100 if paid in 10 monthly installments. Please note that annual fees remain due should you decide to leave the course part way through a year. Course fees for the three year course total £6000, £2000 paid at the beginning of each academic year for three years or £6300, £2100 paid monthly over 10 months, September to and including June each year . Course fees for the four year course total £7000, £2000 paid at the beginning of each academic year for three years and £1000 for the fourth year or £7400, £2100 paid monthly over 10 months, September to and including June for the first three years then £1100 paid monthly over 10 months for the fourth year.

Annual fees include attendance at the college lecture weekends, the clinics plus handouts and marking costs. Student membership of the ARH and practitioner insurance (£85 per year ) and the cost of textbooks are not included in the fees.

## Join us for a free taster day

Throughout the college year there are opportunities to spend a day or a weekend sitting in on first year lectures. What better way to have any questions answered, meet students and lecturers so you can discover whether this is the right college for you. To arrange a day or weekend taster please contact:

Mary Ellis:

07711 418430 or email [mary@southerncollegeofhomeopathy.com](mailto:mary@southerncollegeofhomeopathy.com)

Administration Office, 236 Chaldon Way, Coulsdon, Surrey CR5 1DH



The Southern College is based at the Mercure Tunbridge Wells Hotel  
 8 Tonbridge Road  
 Pembury  
 Tunbridge Wells  
 Kent  
 TN2 4QL

**Directions:**

Getting to Mercure Tunbridge Wells Hotel from:

High Brooms Railway Station - 2 miles (3 km)  
 Take a taxi from the taxi rank outside the station. Approximately £8 taxi fare.

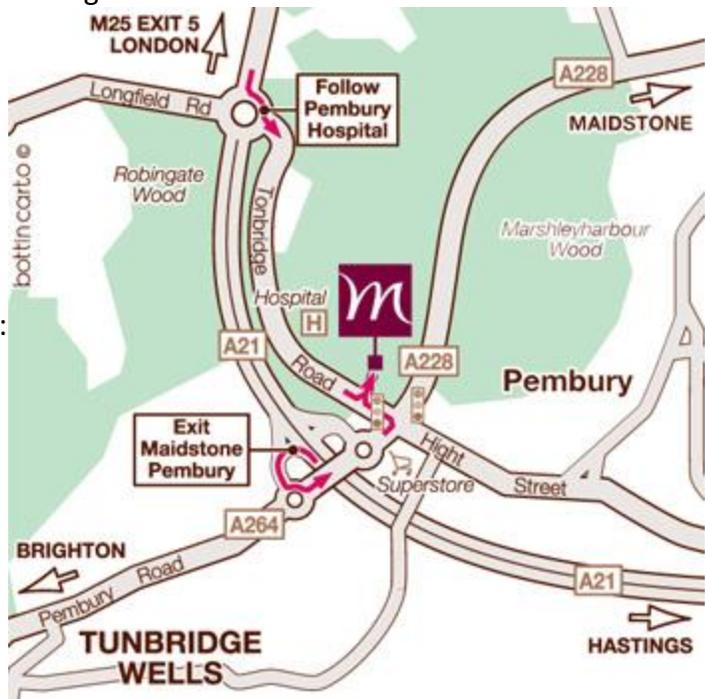
Tonbridge railway station - 3 miles (4.5 km)  
 Take a taxi from the taxi rank outside the station. Approximately £10 taxi fare.

Tunbridge Wells railway station - 3 miles (4.5 km)  
 Take a taxi from the taxi rank outside the station. Approximately £10 taxi fare.

Pick up at 09.30 from and drop off at 17.30 at Tonbridge Station is available on request.

From the A21  
 Southbound, bypass Tonbridge, turn left at the first mini roundabout, following the signs for Pembury Hospital. The hotel is situated on the left-hand side, 400 yards beyond the hospital and opposite a garden centre.

Northbound, come off at the junction for Tunbridge Wells and Maidstone, take the first turning off the



roundabout then go straight across at the next roundabout. At the traffic lights turn left the hotel is situated at the next turning right.

From the M25

Take the Sevenoaks/Hastings exit at junction 5 of the M25

Follow the A21 Southbound, bypassing Tonbridge.

Turn left at the first mini roundabout, following the signs for Pembury Hospital.

The hotel is situated on the left-hand side, 400 yards beyond the hospital and opposite a garden centre.

From the M20

Take junction 4 and follow the A228 towards Royal Tunbridge Wells. As you approach Pembury, take a right-hand turn at the traffic lights. The hotel is situated on the right-hand side.